



# Reusable incontinence products Better for you and the planet

Plus 15% discount  
for Dorset Council  
residents  
(see back page)

## Making incontinence better!



Cost  
less



Save  
waste



Reduce  
plastic



Feel  
great

## Reusable incontinence products are...

### Better for your bank balance

👍 You can save money by switching to reusables, compared to single-use items.

### Better for the environment

🗑️ Disposable incontinence products can contain up to 90% plastic.

👍 Switching to reusables reduces waste, avoids plastic and significantly lowers your environmental impact compared to single-use products.

### Better for your health

🗑️ Disposable incontinence products can contain chemical fragrances which can potentially lead to irritation.

👍 Washable incontinence products don't contain any chemicals that may cause your skin to react.

## What are your options?



**Washable absorbent pants** - Simply a pair of pants with an absorbent inner panel. They come in all shapes, styles, sizes and absorbencies. At the end of your day just rinse with cold water, pop into your washing machine and then hang out to dry. Easy, comfy, and convenient.

**Washable pads** - A shaped absorbent pad with wings that popper around your pants similar to a disposable incontinence pad. Spare pads fold up discreetly and used pads can be stored in a small stylish wet bag. Pads can be washed in the same way as incontinence pants, and there are lots of sizes and absorbencies to suit your needs.



**Men's absorbent trunks and briefs** - A pair of men's trunks or briefs with an absorbent, leak-proof liner in the front pouch that comes in a range of absorbencies. After wear, just rinse in cold water, then wash in your washing machine and hang out to dry.

Please ensure you read the care and use instructions which come with each product as they may vary between suppliers.



## Save even more with your exclusive discount!

We have teamed up with some suppliers to offer Dorset Council residents an exclusive 15% off a range of reusable incontinence products. Anyone who lives in the Dorset Council area can use our discount code, so please feel free to share it with local family and friends.

More information about which suppliers are offering this discount and the discount code can be found online at [dorsetcouncil.gov.uk/reusable-incontinence-products](https://dorsetcouncil.gov.uk/reusable-incontinence-products)